

This is a list of the grocery products that are carried at both Community Food Co-op locations that state on their packaging that they are gluten-free. It is not a complete list of all gluten-free products that are carried by our individual stores.

For more information on living a gluten-free lifestyle and why not all products carried are listed, see our full Gluten-Free Product and Information Guide located on our website and available at our customer Service Desks.

**Check out our Sassy Sampler blog for gluten-free recipes!**

[www.communityfoodcoop.wordpress.com](http://www.communityfoodcoop.wordpress.com)

## Community Food Co-op

Downtown Neighborhood  
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Bellingham, WA 98225

Cordata Neighborhood  
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Bellingham, WA 98226

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[www.communityfood.coop](http://www.communityfood.coop)

# Gluten-Free Product List



Community  
**FOOD CO OP**

Updated July 2014

### **Baby Products**

Baby's Only Toddler Formula  
Happy Baby—Happy Yogi and Happy Puffs

### **Baking Ingredients/Flours/Mixes**

Ancient Harvest Organic Quinoa Flour  
Argo Corn Starch  
Arrowhead Mills pancake mix  
Bob's Red Mill GF products (clearly marked)  
Coconut Secret  
Ener-G Egg Replacer  
Ener-G Rice Bran and Baking Powder  
Edward & Son's Sprinkelz  
Gluten-Free Pantry products  
Glutino mixes  
Let's Do Organic Cornstarch and Coconut products  
Lundberg Brown Rice Syrup  
Madhava coconut sugar  
Pamela's mixes (all varieties)  
Rumford Baking Powder  
Spectrum Organic Vegetable Shortening (butter flavor and original)  
Wholesome Sweeteners Blue Agave  
Xyla sweetener

### **Beer**

Green's Beer  
Red Bridge Beer  
Lakefront New Grist  
Crispin Hard Cider  
Angry Orchard Hard Cider  
Harvester Brewing Co.

### **Beverages (non-dairy)**

Blue Diamond Almond Breeze and Blends, Assorted Flavors  
Imagine Rice, Soy, Coconut, Blends, and Hemp Dream;  
Horchata  
Living Harvest Hemp Milk, Assorted Flavors  
Pacific Foods – Almond, Hemp, Ultra Soy, Hazelnut  
So Delicious Coconut Milk  
Westsoy Plus

### **Bread Products**

\*These items are in the frozen section  
Against the Grain Gourmet baguettes and pizza\*  
Canyon Bakehouse breads \*  
Ener-G Foods bread, pizza crust, bread crumbs  
Kinnikinnick Foods Products\*  
Flax 4 Life Flax Muffins  
Food for Life breads, Assorted GF varieties\*

### **Bread Products (continued)**

Franz Gluten-Free breads  
Glutino bread products\*  
Glutino bread crumbs  
lan's gluten--free panko  
Julian Bakery paleo bread \*  
Nature's Path GF bread  
Julian Bakery Paleo Bread \* and wraps  
Rudi's Gluten-free bread\*  
Rustic Crust pizza crust  
Schär products  
Udi's Products\*

### **Broth**

Imagine Organic Free-Range and Low Salt Broths and Cooking Stock  
Pacific Foods Organic Low-Sodium Broths  
Pacific Foods Organic Broths

### **Cereals/Granola**

Arrowhead Mills Maple Buckwheat Flakes and Organic Rice and Shine  
Barbara's Puffins  
Bob's Red Mill– GF Oats, Steel cut oats, and hot cereals  
Enjoy Life  
Erewhon Crispy Brown Rice Cereal  
Glutenfreeda Instant Oatmeal  
Go Raw granola  
Kind Granola  
Lulu's Essential Granola  
Nature's Path (assorted boxes and bags labeled as gluten-free, including instant oatmeal)  
One Degree (select varieties)  
Udi's Granola  
Van's cereal

### **Chips/Pretzels/Popcorn**

479° Popcorn  
Alive & Radiant Foods Kale Chips  
Beanitos Chips  
Bearitos Corn Chips  
Beanfield's bean and rice chips  
Boulder Chips – variety marked GF  
Boulder Bean Chips  
Cabo chips  
Crunchmaster Edemame chips  
Earth Balance popcorn  
Food Should Taste Good Chips  
Glutino pretzels  
Good Boy Organics  
Hardbite chips  
Jackson's Potato Chips  
Kettle Potato Chips

# Community Food Co-op Gluten-free Product Guide

## **Chips/Pretzels/Popcorn, Cont.**

Kettle Baked Potato Chips  
Pacific Kale Chips  
Pirate Brands - Robert's (all varieties)  
Pop Chips  
Popcorn Indiana chips and popcorn  
Que Pasa chips  
Real McCoy's rice puffs  
Simply 7 Quinoa chips  
Snyder's of Hanover GF pretzels  
Tim's Cascade Reduced Fat Potato Chips  
Van's chips  
Way Better Snacks chips

## **Condiments/Dressings**

\*Items are refrigerated  
Annie's Vinaigrettes and select dressings  
Annie's BBQ Sauce  
Annie's OG Ketchup  
Annie's OG Horseradish Mustard  
Bragg – select dressings  
Drew's Dressings and Organic Balsamic dressing  
Edward & Son's "The Wizard" Worcestershire Sauce  
Follow Your Heart Veganaise (assorted varieties)\*  
Lea and Perrins Worcestershire Sauce  
Organicville  
Sir Kensington mustards and ketchups  
Wildwood mayonnaise

## **Cookies/Snacks**

\*items are refrigerated  
Amy's Candy bars (select varieties)  
Annie's Organic Bunny Fruit Snacks  
Bumble Bars  
Clif Bar Twisted Fruit  
Coconut Secret bars  
Coco-Roons  
Core Bars  
Cybele's cookies  
Enjoy Life cookies  
Epic bars  
Ginny Bakes Cookies  
Glutino Products  
Go Raw Flax Snax  
Gorge Delight Just Fruit bars  
Health Warrior Chia bars  
Immaculate Baking Co cookie dough \*

## **Cookies/Snacks, Cont.**

Jovial cookies  
Justin's Peanut Butter Cups  
Kind bars  
Lärabar  
Laughing Giraffe Organics snackaroons  
Lundberg Rice Cakes  
Mi-Del Ginger Snaps, Arrowroot, and Chocolate Chip cookies  
Nature's Path GF granola bars and Envirokidz bars  
Pamela's Cookies and Whenever bars  
Panda jelly beans  
Raw Cha Cha chocolates  
Raw Revolution bars  
Real Foods Corn Thins  
Schär products  
Surf Sweets gummies  
Suzie's Thin Cakes  
That's It fruit bars  
Two Mom's truffle bars  
Udi's cookies  
Veggie-Go's fruit/veggie strips  
Yummy Earth Organic Lollipops  
Zing bars

## **Crackers**

Back to Nature GF cracker line  
Blue Diamond Nut Thins  
Edward & Son's Rice Toast  
Glutino Table Crackers  
Mary's Gone Crackers  
Oregon Cracker  
Schär products  
Sesmark Rice Thins

## **Ethnic Foods**

Amy's Refried Beans  
Annie Chun's Roasted Seaweed Snacks (select)  
Annie Chung's Rice Express  
Chomperz Seaweed chips  
GimMe Roasted Seaweed snacks  
Jyoti Heat and Serve Canned Entrees (variety – marked as GF)  
La Victoria Salsa Brava and Green Taco Sauce  
Let's Do Organic creamed coconut

## **Ethnic Foods, Cont.**

Los Pericos Tostadas

Maseca Tamale Flour  
Mori-Nu tofu (aseptic container)  
Native Forest Coconut Milk  
Ohsawa gluten-free organic tamari  
Organicville—Sesame Teriyaki Sauce and Island Teriyaki Sauce  
Premier Japan Hoisin Sauce  
San J Sauces—GF Teriyaki, Thai Peanut, Sweet & Tangy, Szechuan Sauces  
Sky Valley Sriracha sauce  
So Delicious culinary coconut milk  
Tasty Bite Indian Cuisine (variety)  
Thai Kitchen—Curry paste, Chili Paste, Peanut Sauce, Pad Thai Sauce, Coconut Milk, Fish Sauce

## **Frozen Meals/Snacks**

Against the Grain Gourmet Pizza  
Amy's—various products marked gluten-free  
Applegate GF Chicken Nuggets  
Cedarlane GF Enchilada Pie and GF Enchilada Meal(s)  
Conte's gluten-free pastas and meals  
Feel Good Foods dumplings  
Glutenfreeda Burritos  
Glutino  
Julie's Gluten-free Ice Cream Sandwiches  
Kinnikinnick Donuts  
Organic (Artisan) Bistro entrees  
Stark Raving gluten-free pizza  
Van's GF Waffles (assorted GF varieties)  
Udi's Pizza, Pizza Crust, and Muffins

## **Grocery/Misc.**

\*Items are refrigerated  
Ah! Laska Organic Chocolate Syrup  
Andrew and Everette 100% real grated parmesan cheese  
Bragg Liquid Aminos  
Coconut Secret Coconut Aminos  
Daiya "Cheese" \*  
Edward & Son's Organic Mashed Potatoes  
Edward & Son's GF Ice Cream Cones  
Follow Your Heart vegan gourmet cheese alternative \*  
Go Veggie! cheeze  
Grainaissance Mochi \*  
Lizanatti Rice Cheeze  
Native Forest—select products  
Road's Ends Organics Quick Gravy  
Santa Cruz Chocolate Flavored Syrup  
Wildwood Tofu Burger \*

## **Margarine**

Earth Balance Buttery Spreads (assorted, excluding but-tery sticks)

## **Pasta/Pasta Sauce**

Ancient Harvest Quinoa Pasta  
Andean Dream pasta  
Annie's Rice GF Pasta mixes  
Annie Chuns Pad Thai and Maifun noodles  
Bionature GF Pastas (variety)  
DeBoles gluten-free pasta  
DeLallo gluten-free orzo  
Del Grosso pasta sauces  
Field Day gluten-free pasta  
House Foods shirataki noodles \*  
Jovial gluten-free pasta  
Lucini Pasta Sauce (select varieties)  
Lundberg—Risotto (all varieties), OG Brown Rice Pasta  
Mrs. Leepers GF Pastas (variety)  
Road's End Organics Penne and Cheese  
Schär products  
Sea Tangle Noodle Co. kelp noodles  
Simply Organic alfredo mix  
Tinkyada Rice Pastas (variety)  
True Roots gluten-free pasta

## **Soup**

Amy's Soups (excluding those with pasta)  
Amy's Chili  
Dr. McDougall's Soups (excluding Minestrone and Split Pea)  
Edward & Son's Miso Cup (large box)  
Gluten Free Café soups  
Pacific Aseptic Soups – select soups  
Thai Kitchen Instant Noodle Soups  
Wolfgang Puck Signature Tortilla and Chicken and Wild Rice soups

## **Tortillas**

Food for Life Brown Rice Tortillas  
Maria and Ricardo gluten-free tortillas  
Mi Rancho organic corn tortillas  
Sonoma Teff Tortillas  
Udi's Flour Tortillas