

4-H SUPER SATURDAY

A WHOLE COMMUNITY EVENT



Saturday, March 12, 2011
Meridian High School

<http://whatcom.wsu.edu/supersaturday>



Hello Friends:

4-H Super Saturday is coming for youth, parents, 4-H leaders, and everyone. It is open to all, so register a friend! Remember that each participant must fill out a registration form (1 form/per participant). It's an exciting day of learning for everyone. Again this year, Super Saturday will be at Meridian High School, 194 W. Laurel Road, Bellingham.

Many classes have class restrictions, such as age and number of participants in each class; some even have a cost for materials. Please read each class description closely. **Children 2nd grade and younger must be accompanied by an adult** (there will be no charge for the adult). Some classes require you to bring equipment. We have tried to put all of the information into the description so you can easily make your decisions.

Michael Wallace
County Extension Agent

Registration	9:00 a.m.
Refreshments will be available at the 4-H Food Booth.	
Welcome and Announcements	9:45 a.m.
1 st class	10:00 a.m.
2 nd class	11:10 a.m.
LUNCH	12:10 p.m.
Bring a sack lunch or eat at the 4-H Food Booth.	
3 rd class	12:50 p.m.
4 th class	2:00 p.m.
Adjourned	3:00 p.m.

Whatcom County 4-H Club "*The Groundbreakers*" will be hosting a Food Drive at Super Saturday. They are asking each participant to bring one or two non-perishable food items with them and put it into the receiving receptacles. Let's help support Whatcom County Food Banks.

ADVANCE PROGRAMMING-

Program Your Robot – Ever wanted to program a robot to follow your commands. Come to this introductory class to find out how. This class follows the BUILD A ROBOT Class. Instructor: *Mark Moeller*, Country Partners 4-H. This class is for 5th grade students to adults. This class will be offered 2nd and 4th periods.

ALICE FOR VIDEO GAME DESIGN

–Come learn how to use new open source video game design software to make your own 3-D computer animations. Please bring your own laptop. Instructor: *Jenny Styer*, Pygmy Paradise 4-H club and teacher at Sehome High School. This class is for students 5th grade to adult. This class will be offered 2nd & 3rd periods.

BRaille INTRODUCTION

– Louis Braille was only twelve when he figured out a code so that individuals, who cannot see with their eyes, can read with their fingers. Find out more about Louis, the Braille alphabet, and make some dots toward finger-reading. *Beth Marsau*, certified brailist for 20 years with Northwest Braille Services, will share the code and give you a chance to browse some Braille books and try out the Braille writing equipment. Braille slates will be available to borrow during class time. Everyone will get a free alphabet card in Braille and free Braille paper for practice. This class will be offered 1st & 2nd periods.

BUG BUDDIES - Life Underground -

Don't squish that bug, explore the incredible insect world. Hands-on activities with soils, ecology and organism's life cycles. Instructor: *Joana D. Phillips*, WSU Whatcom County Master Gardener. This class is for children under 12 years of age. This class will be offered 1st period.

BUILD A ROBOT

– Use Lego™ to build a robot that you can program to follow your commands. Find out about 4-H Robotic projects. Instructor: *Mark Moeller*, Country Partners 4-H. This class is for 5th grade students to adults. This class will be offered 1st and 3rd periods.

BICYCLE REPAIR &

MAINTENANCE – Instructors from *Fairhaven Bike & Ski* will teach you proper bicycle maintenance and how to repair your bike should problems arise during your ride. Students should bring bikes and bike locks to lock your bike during the other class times. This class is for 3rd grade students to adults. This class will be offered 2nd period.

BICYCLE SAFETY

– Instructors from *Fairhaven Bike & Ski* will teach you proper bicycle safety, including rules of the road, riding etiquette, and general safe riding rules. Students should bring bikes and bike locks to lock your bike during the other class times. This class is for 3rd grade students to adults. This class will be offered 1st period.

BUILD YOUR OWN WORM BIN

– Let worms help with your housework! They can eat rotten food you throw away and turn it into "compost." Come learn about worms, make a bin, and discover how to feed and care for worms. (Then use the resulting compost in your garden!) Instructor: *Barbara Boothby*, WSU Whatcom County Master Composter & Recyclers. This class is for 3rd grade students to adults. This class will be offered 4th period. Cost: \$6.00.

CARING FOR & RAISING

BACKYARD POULTRY

– Learn how to care for your backyard poultry or show birds, common problems and easy care tips for winter and summer, housing, keeping your birds healthy, common disease, egg production problem solving, how to start your own flock, raise fryers and much more. We have years of experience with 4-H and all types of poultry. Instructors: *Cindy Wittmier*, Whatcom County Poultry Pals. This class is for 4th grade student to adults. This class will be offered 3rd & 4th periods.

CLAY PARADE

– We will make little creatures out of clay and put on a parade at the end of the class. Instructor: *Ellen Clark*, Whatcom County 4-H Mentoring Program. This class is for all ages. This class will be offered 2nd period. Cost: \$3.00.

CREATIVE CARD MAKING

Greeting cards, birthday cards, a wide variety for youth to make! Instructor: *Laurel Bareman*, Barnyard Kids 4-H. This class is for all ages. This class will be offered 1st and 2nd periods. Cost: \$3.00.

CREATIVE MOVEMENT LAB

Creative Movement Lab is designed for all ages to creatively explore their bodies in motion. The class will focus on physical communication using concepts of space, time, and energy. Instructor: *Angela Kiser*, BFA in Dance from WWU. This class is for all ages. This class will be offered 4th period.

CUPCAKE DECORATING – Make beautiful and delicious treats while learning the latest trends in cupcake decorating. Instructor: *Barb O'Brien*, Barb's Pies & Pastries. This class is for 3rd grade students to adults. This class will be offered 4th period. Cost \$3.00

DECORATING A PICTURE FRAME

Decorate a wooden picture frame using glue, buttons, shells and glitter. Take it home and keep for yourself or for a friend. Instructor: *Tiffany Kayser*, Around the Farm 4-H Club. This class is for everyone. This class will be offered during 1st period. Cost: \$4.00.

FANTASY PAINTING WITH

WATERCOLORS – Let your imagination soar with new painting techniques. Instructor: *Ellen Clark*, Whatcom County 4-H Mentoring Program. This class is for all ages. This class will be offered 1st period. Cost: \$3.00.

FLY CASTING – There you are on the banks of the river and trying to cast your reel. But it is not as easy as you think. Learn the art of fly-casting from professionals and in no time you will be casting and catching. Instructors: *Klaus Lohse & Four Corners Fly Fishers*. This class is for 4th grade students to adults. This class will be offered 2nd period.

FLY TYING BASICS – Interested in fishing but do not like the flies in the store? Design and make your own. Get the basic knowledge of tying your own flies from professionals. Instructor: *Klaus Lohse & Four Corners Fly Fishers*. This class is for 4th grade students to adults. This class will be offered 1st period.

FOOD ART – In this class, you can use dry pasta, pretzels, beans, etc to create your own unique artistic jewelry or picture. This class will be enjoyable for the elementary school age. Instructors: *Sam Douge & Evie Dostal*, Valley

Vaqueros 4-H Club members. This class is for all ages. This class will be offered 1st, 2nd & 3rd periods. Cost: \$1.00.

GPS GAMES – What kinds of games can you play using a GPS? In this class we will introduce you to a few of the fun ways you can use a GPS to do more than geo-caching and treasure hunts! Be ready to go outside! We will use Garmin Rino 120 GPS receivers. Instructor: *Michael Wallace*, WSU Whatcom County Extension. This class is for 6th graders to adults. This class will be offered 2nd period.

GROUP BUILDING SKILLS – This is an introduction to Adventure based group building activities. If you are a teen or adult and you want some ideas and skills about how to help your club succeed at their goals, then this workshop is a must. This is a sample of what you can discover at "Group Building for 4-H Leaders," March 19 & 26. Instructor: *Michael Wallace*, WSU Whatcom County Extension. This class is for 9th graders to adults. This class will be offered 3rd period.

ICE CREAM MAKING – Would you believe delicious ice cream made in a tin can? Come and learn how simple and easy it is to make ice cream, and enjoy your efforts, too! Instructors: *Laurel Bareman and Whatcom County Dairy Ambassadors*. This class is for all ages. This class will be offered 3rd & 4th periods.

IMPROV DRAMA - Have fun creating scenes with each other. We will warm up and play a few different dramatic improv games! Discover what makes an entertaining and non-stop improvisation! Instructor: *Michael Wallace*, WSU Whatcom County Extension. This class is for 6th grade students to adult. This class will be offered 4th period.

INTRODUCTION TO KNITTING

This class will introduce you to knitting and will get you on your way to making your own scarf. At the end of the class, you will be able to take your yarn home to finish your new fashion accessory. Students are encouraged to bring their own knitting needles, size 6 to 9. Students without needles will be able to purchase a pair for \$5. Instructor: *Jeanine Kahan*, J & J's Needle Art. The class is for 9th grade students to adults. This class will be offered 2nd period. Cost \$5.00, \$10 if you need to purchase needles.

INTRODUCTION TO TAE KWON DO & SELF DEFENSE

– Class introduces students to basic techniques of Tae Kwon Do, a Korean martial art that emphasizes kicking; Hapaido, an Korean martial arts emphasizing self defense; and Judo, Japanese grappling. Students will need to have sweats/gym shorts and t-shirts for the class. Instructors are each black belts with more than 16 years of experience. Instructor: *Steve Burger*, North Country Martial Arts. The class is for all ages. This class will be offered 2nd and 3rd periods.

KIDS & FAMILY YOGA - In this class you can expect a fun, relaxed atmosphere where parents and kids can let the stresses of life ease away by laughing and playing together. We will interweave fun stories, songs, games and poses in this active and upbeat class, and of course enjoy some wonderful relaxation at the end! Bring your family and your sense of fun! For kids 5-9 years old and their caregiver. Siblings 0-2 years are welcome to join. Mats will be provided. Instructor: *Barbara Fisher*, Family Time Yoga. This class will be offered 2nd and 3rd periods.

KID SAFE – Let us empower children with the self-esteem and confidence that they need to better deal with, recognize and avoid situations, and when all reasonable options have been exhausted to protect and defend themselves from any serious harm. Instructor: *Mick Jolly*, Karate Quest. This class is for all ages. This class will be offered during 4th period.

LET'S DO YOGA! – If you want to learn about yoga and try some simple stretches that feel good then try out this class for beginners. Wear comfortable clothes you can move in. Instructor: *Michael Wallace*, WSU Whatcom County Extension. This class is for 3rd grade students to adults. This class will be offered 1st period.

LET'S GET GROWING – SEEDS!

Come grow with us! We will be exploring the world of seeds through song, play and getting our hands dirty. Use your senses, sampling some edible seeds and planting your very own earth-friendly egg carton planter to keep growing all season long! Instructor: *Tessa Bundy*, Common Threads Farm. This class is for children 4th grade and younger. This class will be offered 2nd period.

LIFE IN THE HIVE, ITS NOT

ALWAYS EASY – Honey and honeybees, look inside a living hive, see the queen bee, the drones and the thousands of workers. Learn what it takes just to make a spoonful of honey. Best of all, there will be honey tasting during the class. Instructor: *Russell J Deptuch*, Bees Choice Honey and *Jeb Hively*, Pygmy Paradise 4-H. This class is for all ages. This class will be offered 4th period.

MAKING HEALTHY SNACK –

YUMMY! – The Community Food Coop will host a fun do it yourself class in preparing yummy snacks that are good for you! Instructor: *Melissa Elkins*, Community Food Coop. This class is for all ages. This class is offered 2nd period.

MEET THE HOMING PIGEON

What's the latest 4-H craze? Discover information about raising, care, and training, showing and competing with homing pigeons! Meet some real racing pigeons. Instructors: *Jerry & Evelyn Gillamette*. This class is for 3rd grade students to adults. This class will be offered 1st period.

PAINTED ROCKS – Create a decorative rock, using the method is heating the rock and then melting crayons on them. Instructor: *Shannon Smith*, Around the Farm 4-H Club. This class is for everyone. This class will be offered during 1st period.

PAPER CHARM BRACELET – This class will demonstrate the use of paper as jewelry by showing students how to make paper charms. You will leave with a completely unique piece of jewelry that you can easily add to at home. Instructors: *Meridian Clover 4-H Members*. This class is for 3rd grade students to adults. This class will be offered 3rd period. Cost: \$2.00

PHOTOGRAPHY JUDGING – Lots of changes are coming to the photography division at air this year. Come and learn about these changes, and a completely new category, "On The Spot" photography judging. Instructor: *Carmen Patton*, *Meridian Clovers 4-H*. This class is for 3rd graders to adults. This class will be offered 4th period. Cost: 50 cents.

SAVE THE PLANET FOR

BREAKFAST – Come join WSU Whatcom County Extension activity planners and share your ideas about what kinds of environmental stewardship activities you would like to see in 4-H. Coffee and doughnuts for adults and hands on activities for youth. Instructor: *Cheryl Lovato-Niles*, WSU Whatcom County Extension. This class is for 6th grade students to adults. This class will be offered 1st period.

SEWING A FLEECE HAT – You will have fun learning to sew (and take home) a simple fleece cap, kits are provided. You will learn to sew the cap together on a sewing machine, no sewing experience if required. Instructors: *Joan Keiper and Marcia Leishman*, Sewing Savvy 4-H Club leaders. This class is for 3rd – 8th grade students. This class will be offered 3rd period. Cost: \$2.00.

STEPPING STONE FOR YOUR

GARDEN – Make beautiful stepping stones for your garden that you can decorate yourself. A great keepsake for grandparents! Instructor: *Tiffany Kayser & Shannon Smith*, Around the Farm 4-H Club. This class is for 5th grade students to adults. This class will be offered 4th period. Cost \$5.00

SUNCATCHERS - Make a suncatcher with beads. Instructors: *Tiffany Kayser & Shannon Smith*, Around the Farm 4-H Club. This class is for everyone. This class will be offered during 3rd period. Cost: \$4.00.

TEXTURE TREASURE HUNT – Cultivate your detective skills using the sense of touch. Instructor: *Ellen Clark*, Whatcom County 4-H Mentoring Program. This class is for all ages. This class will be offered 3rd period. Cost: \$3.00

TIE-DYED T-SHIRTS! – Come have fun with once as we once again tie die t-shirts. T-shirts will be purchased for you – or you may bring your own. Please indicate S M L XL Adult or child sizes if you wish to purchase a shirt. Instructors: *Alice Wiggins and the member of Pygmy Patrol 4-H Club*. This class is for all ages. This class will be offered 2nd and 3rd periods. Cost \$5.00 for T-shirt, please indicate size.

TO GOAT or NOT TO GOAT – "That is the Question!" Come learn the basics in dairy and pack goat care from udder to waddle. Instructors: *Pails & Trails 4-H Members*. This class is for all ages. This class will be offered 2nd period.

WACKY WATERFOWL –

Ducks & Geese as 4-H Projects – Want to go beyond chickens in your 4-H project? *Matt Aamot*, Lynden Farm & Garden and former 4-H, will present a range of possibilities for you to incorporate waterfowl into your flock! Eggs, meat, and exhibition will all be discussed and live fowl may be present. This class is for all ages. This class will be offered during 4th period.

WHAT YOU DON'T KNOW ABOUT

OWNING A PET BIRD – Interested in getting a smaller Exotic Bird in your home. Learn what it takes to make a new feathered member of your family welcome. Instructor, *Loretta (Peterson) LaBounty* takes in surrendered/abandoned exotic birds and finds new homes for them. She will bring birds for the attendees to handle. This class is for all ages. This class will be offered 3rd & 4th periods.

YOU REPORT IT! – *Cal Bratt*, editor of the Lynden Tribune will teach you how to be a reporter and then you will have a chance to write a report on Super Saturday for the Lynden Tribune. Bring your cameras and reporters pads. This class is for students to adults. This class will be offered 1st period.

YOUTH FINANCES – During this class you will learn the proper way to write checks, balance your checkbook and statements, and how to save for the future. Great for all students, especially club treasurers! Instructor: *Gretchen Rorta*, People's Bank – Cordata Branch. This class is for 3rd graders to adults. This class will be offered 1st period.

For additional registration forms you may visit our website at:
www.whatcom.wsu.edu

Thank you, to all of the instructors that have given their time and knowledge to support Whatcom County youth.

2011 REGISTRATION INSTRUCTIONS

- Register only one person per form.** (Photocopies are acceptable.)
- Register early - classes fill quickly. Early Bird Registration fee is **\$8.00 per person for registrations postmarked March 4 or earlier.** Classes are assigned in the order in which registrations are received. **Registrations postmarked after March 4 will be \$10.00 and processed only on-site March 12 at Meridian High School.**
- Since classes fill quickly, **please indicate 1st, 2nd, 3rd, 4th, and a 5th class choices.** The people entering information can only go with the information submitted.
- Enclose registration fee and materials fees for 1st choice classes only. If placed in another class, fees will be recalculated and collected or refunded on-site March 12.
- Children 2nd grade and younger **must** be accompanied by an adult (there will be no charge for the adult).
- Persons with a disability requiring special accommodation may call the 4-H office at 360/676-6736. We cannot guarantee availability of on-site accommodations without advance notice.
- NO REFUNDS**, unless class is canceled. Class assignments are at 4-H Council discretion based on your choices. No class changes on March 12.
- Please bring a sack lunch or money to purchase from the Concession Stand.
- Make checks payable to: **Whatcom 4-H Council**
- Mail your registration with check or money order to:

4-H Super Saturday
c/o WSU Whatcom County Extension
1000 North Forest Street, #201
Bellingham WA 98225

2011 SUPER SATURDAY REGISTRATION

NAME _____ PHONE: Day: _____ Eve: _____

ADDRESS _____ 4-H CLUB? _____

EMAIL _____ GRADE IN SCHOOL _____ ADULT? _____

If participant is in 2nd grade or younger - name of adult (there will be no charge for this adult): _____

- I would like to volunteer as a classroom host Sign me up for next year's planning committee I would like to help with registration on March 12

In each column put # 1 for your 1st choice, # 2 for your 2nd choice, # 3 for your 3rd choice, # 4 for your 4th choice, and # 5 for your 5th choice.

1 st period classes 10:00 - 11:00	2 nd period classes 11:10 - 12:10	3 rd period classes 12:50 - 1:50	4 th period classes 2:00 - 3:00
____ Braille Introduction	____ Advance Programming	____ Alice for Video Game Design	____ Advance Programming
____ Bug Buddies – Life Underground	____ Alice for Video Game Design	____ Build A Robot	____ Build Your Own Worm Bin (\$6.00)
____ Build A Robot	____ Braille Introduction	____ Caring for & Raising Poultry	____ Caring for & Raising Poultry
____ Bicycle Safety	____ Bicycle Repair & Maintenance	____ Food Art (\$1.00)	____ Creative Movement Lab
____ Creative Card Making (\$3.00)	____ Clay Parade (\$3.00)	____ Group Building Skills	____ Cupcake Decorating (\$3.00)
____ Decorating A Picture Frame (\$4.00)	____ Creative Card Making (\$3.00)	____ Ice Cream Making	____ Ice Cream Making
____ Fantasy Painting (\$3.00)	____ Fly Casting	____ Intro to Tae Kwon Do	____ Improv Drama
____ Fly Tying Basics	____ Food Art (\$1.00)	____ Kids & Family Yoga	____ Kid Safe
____ Food Art (\$1.00)	____ GPS Games	____ Paper Charm Bracelet (\$2.00)	____ Life in the Hive
____ Let's Do Yoga!	____ Intro to Knitting (\$5 / \$10w/needles)	____ Sewing a Fleece Hat (\$2.00)	____ Photography Judging (50 cents)
____ Meet the Homing Pigeons	____ Intro to Tae Kwon Do	____ Suncatcher (\$4.00)	____ Stepping Stone (\$5.00)
____ Painted Rocks	____ Kids & Family Yoga	____ Texture Treasure Hunt (\$3.00)	____ Wacky Waterfowl
____ Save the Planet for Breakfast	____ Let's Get Growing – Seeds!	____ Tie-Dyed T-Shirts! (\$5 – S, M, L, XL)	____ What You Don't Know About Pet Birds
____ You Report It!	____ Making Healthy Snacks	____ What You Don't Know About Pet Birds	
____ Youth Finances	____ Tie-Dyed T-Shirts! (\$5 – S, M, L, XL)		
	____ To Goat Or Not To Goat		

Please remember K – 2nd graders need to be accompanied by an adult or older sibling.

Early Bird REGISTRATION FEE (by March 4): \$8.00 + MATERIAL FEES: \$ _____ = TOTAL: \$ _____

If you decide to purchase a T-Shirt for Tie-Dyed T-Shirt, please indicate size: S M L XL
 Adult or Child

Remember, **1 person per form.** (Also remember to submit material fees for your 1st choice only. If placed in another class, fees will be recalculated and collected or refunded on-site March 12.)